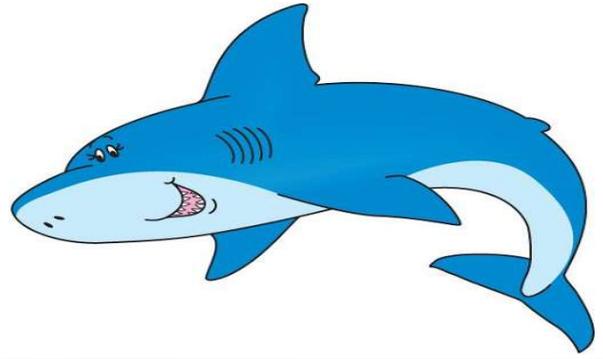


THE APPLE PRESS

Franklin Park Preschool Newsletter

May 2019

"Aquatic Animals"



NOTES FROM OUR TEACHERS

Early Learners

Our last month of school is upon us. I am so grateful for the time and energy our parent volunteers have given to our students. The children have grown so much that you really have to focus to remember the beginning of this year. Each family will have a chance to review this progress at our parent conference on May 7th. Sign-ups will be available soon.

Graduation will be on May 28th. Parents and family, please come one half hour before the end of class to help our students celebrate this special moment.

Children with summer birthdays often miss out on the chance to celebrate with their school friends. I have set aside May 28th to acknowledge those students with summer birthdays. If you want your child with a June, July or August birthday to participate then please see me by May 14th.

This month we will be learning about oceans, rivers and lakes and the fascinating animals that live in them. As always, if you want to do something special with the kids, just let me know.

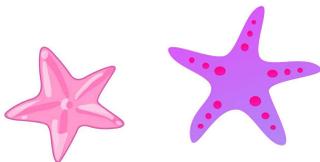
-Teacher LaDonna

Pre-K

It is hard to believe that we are already in May and this year has gone by so incredible fast! Thank you, from myself and the children, for all your hard work and dedication this year; without all of you this program would not work! Now with that said, let's get to business, oceanic business that is. This month our classroom will be changed into an underwater wonderland! We will learn about what lives in the seas- think sharks, starfish, jellyfish and so much more. This is a great time to talk to your child about what they think may live in the ocean. Also, what may be found on the beach like shells, seaweed, and sometimes even garbage.

We will also be getting ready for the end of the year and graduation. The last few weeks, we have been talking a bit about, many of us, going to new a school next year and there will be new friend to be made. With that, we have also been talking about some feelings we maybe having about this big change- excitement and nervousness are the top two. So graduation day please come 30 minutes early, at pickup time, for some singing, certificates and portfolios. Parent/teacher conferences will be May 8th and 10th. Look for a sign up sheet soon.

-Teacher Colleen



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POSITIVE DISCIPLINE CORNER:

Summer

How do you keep the kids from fighting during summer vacation? You can't. You can, however, minimize sibling rivalry. First, you acknowledge each child's unique talents and temperament without comparison to any other. Everyone wants and needs to feel they have a secure and special place in the family. There is no need to fight for attention if you believe that you are unconditionally loved and you will always be given the attention that you need. Then you teach effective conflict resolution skills and let them handle their problems independently. Let's break it down:

1. Schedule consistent uninterrupted special time for each child.
2. Know what they need. Don't get one child something because the other need one.
3. Value and verbally appreciate each child's strengths and accomplishments. Avoid comparisons.
4. Insist on the family rule that "Stop" means to immediately stop in all circumstances.
5. Teach self-regulation tools like walking away, deep breaths, relaxing the body. All problem solving waits until emotions are calm. (Holding firm to the object of disagreement until they find a solution will encourage a quicker resolution.)
6. Encourage kids to find solutions through effective communication. First, facilitate each child taking turns speaking about the current needs and feeling and the other listens and repeats what was said. Then the other child can speak. Once they have this routine, stand near as they do it themselves. Eventually you can have them solve problems without your presence.
7. Be their coach and facilitator but not the judge. They will find their own solutions and boundaries for their relationship. It may not be what you envisioned but if you are the final arbitrator then one will always seek your attention through this process.
8. Trust them to solve minor issue own their own. "Let me know what you both decide".
9. Focus on the solution to the problem. They know it's not okay to hit or tease each other. There is a reason behind the hitting. Work to find that underlying reason and have them address that.

Rose Parade

Join us in the Rose Parade on Saturday, May 18th. You get to wear a Charlie Brown shirt or a Co-op blue shirt. Your child's costume is either Snoopy or Woodstock. One last costume workshop is on May 6th. We will provide specific details about timing and starting spot when we get them.



May THEME: Aquatic Animals

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3 PreK Spring Lake Discovery Center Fieldtrip Meet there	4
4	6 Rose parade meeting 6:30 General Meeting 7-8:15	7 No School- EL parent Conference	8 No School- PreK parent Conference	9	10 No School- PreK parent Conference	11
12	13	14	15	16	17	18 ROSE PARADE 
19	20 FPC Board dinner 6pm	21	22	23	24	25
26	27 School closed- Memorial Day	28 EL party/ Graduation	29 PreK party/ Graduation	30 End of the year picnic Bring your picnic and say goodbye to your friends. 11:00-1:00	31	



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