

# THE APPLE PRESS

Franklin Park Preschool Newsletter

March 2019

"Spring"



## NOTES FROM OUR TEACHERS

### Early Learners

March begins our study of Spring and the growth of living things that we see each year and yet amaze us with its power. So, it is with preschoolers. We see photos of those baby-faced children and remember how hard it was for them to share or wait in line or sit through a short story. Now we see them offer to share and negotiate play and perform stories of their own in puppet play. They have developed so many skills through a play-based curriculum and there is so much yet to learn. We will look at what skills will be most important as they enter elementary school at our March 4th Parent Meeting. We will also continue our study of dinosaurs as the children are still very interested in the subject. Educational research has shown that it is not important what topic is studied but the skill of learning to learn, ask questions and access resources. So, following the course of student interest is vital. If you have any project ideas or favorite songs for celebrating Spring or dinosaurs, please share with us.

-Teacher LaDonna

### Pre-K

Spring is in the air, and our dinosaur friends are hanging around to march into the month of March. We will be talking about Spring and all the many changes that come with it; think flowers blooming, and leaves on trees starting to pop open. It can be even more than that, like who or what may live in or around plants. It is a fun time of year as the world is changing and awakening all around us from winter. I have a feeling our classroom may start to look like a garden very soon. With vibrant colors and some real plants started by us. Remember, when out with your child ask them what they may notice happening. Point out baby animals, if you see or hear them. This is a great time to talk about the wonderful, beautiful changes happening in our world, plus how we can help take care of it.

Have a joyous Spring!

-Teacher Colleen

### CLASSROOM WISH LIST:

\*If you are spring cleaning and have great, gently used items that your child has outgrown, please consider donating to the preschool. Save time by sending a pic to your child's teacher so we can be sure the items fit in the classroom and would be useful for future classes.

Thank you!



  
**Franklin Park**  
Co-op Preschool  
Est. 1954

2095 Franklin Ave • Santa Rosa • CA • 95404 • 707.546.7330

## POSITIVE DISCIPLINE CORNER:

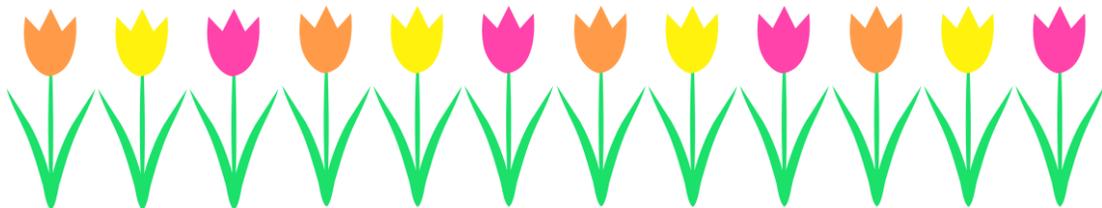
### Kindergarten

When your child starts Kindergarten, it may not be clear who is more anxious, you or your child. Expect a major life change. Most schools, even if they welcome parental help in the classroom, do not want you in the room for the first few weeks. This gives the teacher time to connect with students without the change in personality that often occurs in a parent's presence. So that leaves you standing in the playground as your former baby walks alone into class.

There are things that you can do to make the transition easier on both of you. We will discuss the skills that will give your child a firm foundation for learning and the things you can do at our March parent meeting.

Until then, here are some steps you can take to prepare:

- If you know your school, visit the campus. Many school playgrounds are accessible on the weekends and summer break. Going to school will be easier when it is a familiar place.
- Attend the open house or similar opportunities to tour the school and meet the teacher before school starts.
- Write down any special information that your new teacher should know. Teachers are meeting a lot of new faces and having a note to refer to will help. This may be a copy of their IEP or allergies or it may be major changes in their lives or ongoing concerns.
- Practice changes in your new routine early. It is better to introduce a new bedtime, wake time, breakfast or exit routines gradually over several weeks than to start just before the big day.
- Talk casually yet frequently about expected changes. "You will meet new friends in Kindergarten." "You will have a new teacher and a different adult with you outside".
- Have them draw or discuss their thoughts and feelings on these changes.
- Involve them in choosing their school clothes and supplies and deciding what they will have for lunch. Remember to choose items that they can manage completely on their own.
- Claim your family photo at the end of the year. It can be tucked into your child's backpack so when everything seems a bit overwhelming, they can look at your picture and remember the comforting words that you wrote on the back.
- Be sure to know the school's pick-up times and calendar so you are there on time. Assure them that you will be there at the end of the day. Wish them a good day and begin to build new memories.



**Franklin Park**  
Co-op Preschool  
Est. 1954

2095 Franklin Ave • Santa Rosa • CA • 95404 • 707.546.7330

# March THEME: Spring

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Rose parade meeting 6:30 General Meeting 7-8:15	5	6	7	8	9
10	11	12 Squirrel subs	13	14 Squirrel subs	15	16
17	18 	19 	20 	21 	22 	23
24	25 Board meeting 6:30	26 Dance class	27 Dance class	28	29 2019-20 Applications	30
31						



Franklin Park  
Co-op Preschool  
Est. 1954

2095 Franklin Ave • Santa Rosa • CA • 95404 • 707.546.7330